

# market hall **FOODS**

Oakland: 5655 College Avenue, (510) 250-6005 • Berkeley: 1786 Fourth Street, (510) 250-6004

## Rosh Hashanah & Yom Kippur Menus 2022 – Ingredients

*Dietary Info: DF (Dairy Free), GF (Gluten Free), V (Vegetarian), Vegan*

### **Braided Round Challah – Plain & Raisin**

**Plain:** Flour, extra virgin olive oil, honey, egg yolks, yeast, salt. May have sesame seeds sprinkled on outside.

*DF, V*

**Raisin:** Flour, extra virgin olive oil, honey, egg yolks, yeast, raisins, salt. May have sesame seeds sprinkled on outside. *DF, V*

### **Matzoh Ball Soup**

Chicken stock, eggs, matzoh meal, chicken fat, onion powder, salt, nutmeg, ginger, white pepper, paprika. *DF*

### **Scott's Famous Chopped Liver**

Chicken liver, onions, chicken fat, eggs, white wine, salt, white pepper, sugar. *DF, GF*

### **Meema's Noodle Kugel**

Egg noodles, cottage cheese, sour cream, pineapple, sugar, butter, milk, eggs, salt. *V*

### **Savory Vegetable Kugel**

Potatoes, onions, carrots, zucchini, yellow squash, extra virgin olive oil, eggs, garlic, salt, paprika, black pepper. *GF, V*

### **Tzimmes**

Sweet potatoes, prunes, honey, orange juice, ginger, salt, pepper. *GF, V*

### **Smoked Salmon Spread**

Cream cheese, butter, smoked salmon, parsley, lemon juice & zest, shallots, capers, salt, pepper. *GF*

### **Baba Ganoush**

Eggplant, tahini (sesame seed paste), garlic, lemon juice, salt, pepper, parsley. *DF, GF Vegan*

### **Chicken with Honey, Saffron & Almonds (Rosh Hashanah)**

Chicken thigh meat, yellow onion, chicken stock, extra virgin olive oil, white wine, tomato, red onion, garlic, almonds, salt, honey, cilantro, parsley, pimenton, saffron, cumin, ginger powder, nutmeg, pepper. *DF, GF*

### **Grilled Salmon with Preserved Lemon & Herb Yogurt Sauce**

**Salmon:** Extra virgin olive oil, lemon, garlic, capers, cilantro, oregano, salt, pepper. **Sauce:** Yogurt, preserved lemons, extra virgin olive oil, parsley, chives, thyme, oregano, garlic, shallots, lemon juice, salt, pepper. *GF*

### **Chicken Marbella (Yom Kippur)**

Chicken thigh meat, yellow onion, chicken stock, dried prunes, extra virgin olive oil, green olives, white wine, capers, flour, red wine vinegar, brown sugar, salt, bay leaves, oregano, pepper. [DF](#)

### **Kasha Varnishkes**

Farfalle pasta (bowtie), kasha (buckwheat groats), egg, chicken fat, chicken stock, onion, salt, pepper. [DF](#)

### **Couscous with Crispy Shallots & Herbs**

Couscous, shallots, herbs, extra virgin olive oil, salt, pepper. [DF](#), [Vegan](#)

### **Broccolini with Lemon**

Broccolini, garlic, extra virgin olive oil, lemon zest, chile flakes, salt. [DF](#), [GF](#), [Vegan](#)

### **Harissa & Maple Roasted Carrots**

Carrots, maple syrup, lemon, extra virgin olive oil, garlic, preserved lemon, dried chiles, cumin, coriander, caraway, salt, Aleppo pepper, black pepper. [DF](#), [GF](#), [Vegan](#)

### **Bocconcini, Sungold Tomatoes & Persian Cucumbers**

Bocconcini mozzarella, tomatoes, Persian cucumbers, basil, extra virgin olive oil, shallots, lime juice, salt, sugar, pepper. [GF](#), [V](#)

### **Little Gems Salad with Apples, Roasted Beets and Walnuts**

Mixed greens, apples, beets, walnuts, blue cheese, moscatel vinegar, shallots, olive oil, salt, pepper [GF](#), [V](#)

### **Apple Strudel**

Sugar, butter, apples, raisins, almonds, phyllo dough, flour, cinnamon, yeast, malt and salt. [V](#)

### **Spiced Honey Cake**

Flour, sugar, honey, coffee, oil, orange juice, brandy, almonds, eggs, cinnamon, baking powder, baking soda, vanilla, cloves, allspice and salt. [DF](#), [V](#)

### **Rugelach**

**Pastry:** Flour, butter, sour cream, salt. **Chocolate filling:** Cream cheese, chocolate, sugar, cinnamon, salt.

**Apricot filling:** Dried apricots, sugar, apricot jam, salt. [V](#)

### **Brown Butter Almond Torte**

Sugar, eggs, butter, almond, cornstarch, rice flour, tapioca flour, vanilla, salt. [GF](#), [V](#)